

EVENT GUIDE

# Vedder Mountain, Chilliwack

June 14th - 16th, 2024

## LAND ACKNOWLEDGEMENT

The Canadian Enduro League acknowledges that this event takes place on the traditional, ancestral and unceded territory of the Stó:lō Coast Salish peoples.

To jump to the Festival Guide, [CLICK HERE](#)

To jump to the Enduro Race Book, [CLICK HERE](#)

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# Vedder Mountain, Chilliwack

June 14th - 16th, 2024



## LEGAL

By participating in this event, you agree that you have read, understood and accept the Release of Liability, Waiver of Claims and Assumption of Risk, presented by All Mountain Productions and Consulting Inc. [A copy of the agreement can be found here.](#)

## EVENT OVERVIEW

	<p><b>LOCATION: Chilliwack, BC</b></p> <p><b>PARKING:</b> Event Parking located in <a href="#">Lot A Cultus Lake Park 1200 Lakeshore Drive</a>.</p> <ul style="list-style-type: none"> <li>• <b>Lot A gate will open at 6 am.</b></li> <li>• Lot A Parking - This is a paid parking lot (\$4 an hour). Participants who do not pay for their parking will be ticketed.</li> <li>• Participants must ride the trails across (north) from the parking Lot A to get to the staging area.</li> </ul> <p><b>REGISTRATION/STAGING AND AWARDS LOCATION:</b> Located at Vedder Mountain Bike Parking lot located <a href="#">here</a>.</p>
	<p><b>FESTIVAL VIBES</b></p> <p>New this year, all registered participants also have an automatic free entry to participate in our festival events in addition to the big show, the We Are One Canadian Enduro League presented by Leatt.</p> <p>See <a href="#">Festival Schedule</a> below for the timing of the <a href="#">Air DH</a> and <a href="#">MiniXC</a>.</p>
	<p><b>ENDURO RACE BOOK:</b></p> <p><a href="#">Click here</a> to skip ahead to all things Enduro race-related.</p>
	<p><b>LOCAL MTB ASSOCIATION</b></p> <p>Huge thanks to the Fraser Valley Mountain Bikers Association, they have been integral in bringing us back to the Vedder for the action. For more information on their association or to purchase a membership <a href="#">click here</a>.</p> <p>As part of the Canadian Enduro League partnerships with local riding associations, we also donate partial proceeds of registration funds towards trail maintenance projects. We are proud of the support and partnerships with such amazing groups doing awesome work as stewards of the trails.</p>

# FESTIVAL SCHEDULE

**FRIDAY, JUNE 14**
**SATURDAY, JUNE 15**
**SUNDAY, JUNE 16**

*\*Enduro athletes can pick up their race package and register during any registration time*

<b>COURSE RELEASE</b> Canadian Enduro Trailforks and Pinkbike 9:00 AM	<b>ENDURO TRAINING AND COURSE INSPECTION</b> All Day	<b>ENDURO VOLUNTEER MEETING</b> 6:30 AM
<b>Participants Shuttle CLOSED</b> 12:00 PM	<b>RACE PACKAGE PICK UP &amp; REGISTRATION</b> <b>ALL EVENTS</b> 9:00 AM - 10:30 AM	<b>ENDURO CHECK-IN AND DEPARTURE BY CATEGORY</b> <a href="#">See Enduro Schedule</a> 7:00 AM - 9:30 AM
<b>MINI XC REGISTRATION</b> 4:00 PM - 5:00 PM	<a href="#">AIR DH</a> <b>Race Runs</b> 11:00 AM - 3:00 PM	<b>FOOD TRUCK</b> <b>Post Race Meal</b> 1:30 PM - 5:00 PM
<b>MINI XC - TBC<sup>1</sup></b> <b>Race Runs</b> 5:00 PM - 6:30 PM	<b>AIR DH</b> <b>Apres &amp; Awards</b> 4:30 PM	<b>COURSE CLOSED</b> 3:30 PM
<b>MINI XC Awards</b> 6:45 PM	<a href="#">ENDURO REGISTRATION</a> <b>Mandatory enduro registration and package pickup</b> 3:00pm-5:00pm	<b>AWARDS</b> <b>Timing chip return closed</b> 4:30 PM

<sup>1</sup> Mini XC To be confirmed - more info coming soon....

# AIR DH

Saturday, June 15th, 2024

## REGISTRATION

- Not racing Enduro but want to join us for the Air DH? No problem, [click here to sign up for the Air DH only](#).
- Signed up for the Enduro? Good news, we already have your registered for the Air DH. Stop by the registration tent and pick up your timing chip and race plate for FREE!.
- **All registration occurs online only and closes the Tuesday before the event at 12pm PST.**
- **There is registration on site, bring \$85 cash if you do not pre-register online.**

### PRICE:

- Early bird pricing \$50 per person until March 1st, 2024
- \$80 March 2nd - April 1st, 2024
- \$85 April 2nd, 2024 - June 11, 2024

### CATEGORIES:

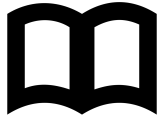
- Women U21
- Men U21
- Women 21+
- Men 21+
- Pro Men
- Pro Women

### ONSITE REGISTRATION STEPS

Steps to registration and plate pickup:

1. **Park your vehicle in the defined parking area.**
  - a. **Do not drive to Registration, walk or bike only. There is no parking at the Registration area, you will be turned around.**
2. If you have not signed your waiver online you will be asked to sign your event waiver. If not already completed online, all minors (18 and under) must have a parent present to sign the waiver. If a parent cannot be present, please provide a signed letter assigning a legal guardian. Proof of ID is required.
3. Pick up your race plate.
4. Pick up your timing chip.
5. Ride yo bike!...safely of course.





## AIR DH RULES

- Must be 12+ years old in order to participate unless approved by the Race Director.
- Pick up a timing chip, sign a waiver and ride your bike!
- All riders must wear a full face helmet.
- Race runs between 11:00am - 3:00pm, your fastest lap counts.
- Top 3 in each category will be awarded prizes.

## AIR DH SCHEDULE

### SATURDAY, June 15th, 2024

9:00am - 10:30am	Race package pick up and registration	Staging and Expo. <a href="#">Located at Vedder Mountain Bike Parking Lot</a>
11:00am - 3:00pm	Race runs on Air DH course	Complete race runs during specified times, your fastest lap counts.
4:00pm	All timing chips must be returned to the registration tent.	Staging and Expo. <a href="#">Located at Vedder Mountain Bike Parking Lot</a>
4:30pm	Awards	Staging and Expo. <a href="#">Located at Vedder Mountain Bike Parking Lot</a>



## ALL OTHER EVENT INFO



### ACCOMMODATION

Looking for fun things to do while you are in town, check out [Tourism Chilliwack](#) for a listing of activities and dining options.

Camping can be booked at Sunnyside Campground, or through various provincial campsite locations around Cultus Lake, see [Sunnyside Campground](#) or [Cultus Lake Provincial Park Camping](#).



### FOOD & BEVERAGE

A tasty apres meal will be provided for all Enduro athletes you with your registration thanks to the Fuzzy Pickle. Please exchange your timing chip for a food and beverage voucher available from 1:30pm - 5pm on Sunday. Alcohol will not be provided at this event.

Awards are scheduled for 4:30 pm on Sunday.

We will start with the Short Course participants, followed by chronological age category order until Pro Men and Pro Women.



### VOLUNTEER

Looking to join us as a Volunteer this year and cheer on your friends and family? We love our volunteers and we want you.

We have an exciting new perks package to offer those who help us out on race weekend including:





- A 2024 Canadian Enduro league free entry for yourself at one of our other races
- Or 75% off registration fee for a spouse/child who is racing
- 25% off We Are One Wheelsets, rims and handlebar packages
- 40% off Leatt mtb gear
- 40% off Crankbrothers gear

We are always on the look out for help out with any of the following roles:

- Course marshals and timing
- Food station snack masters
- Registration and awards

To sign up - [click here](#).

 <p><b>CANADIAN OUTDOOR</b> MEDICAL CONSULTING</p>	<h2>MEDICAL</h2> <p>We are very excited to have the team at Canadian Outdoor Medical Consulting providing our event medical coverage during our CEL events. Canadian Outdoor Med specializes in custom risk management and event medical coverage for outdoor professional organizations. Look for the medical team staged on the course in red jackets. For more information, <a href="#">check them out here</a>.</p>
<p>TOURISM <b>CHILLIWACK</b></p>	<h2>ACTIVITIES AND THINGS TO DO</h2> <p>Check out <a href="#">Tourism Chilliwack</a>'s website for more information about the area, including local events, activities, places to eat and things to see in the area.</p>
<p><i>The</i> <b>STRAIT &amp; NARROW</b><sup>™</sup> <i>Pacific Coast Cocktails</i></p>	<h2>THE STRAIGHT &amp; NARROW</h2> <p>We are excited to offer some cold and refreshing Straight and Narrow Pacific Coast Cocktails for our 19+ athletes. The Strait &amp; Narrow Pacific Coast Cocktails are crafted with custom spirits, and blended with natural flavours, sparkling water, and a hint of cane sugar.</p>
	<h2>NEUTRAL SUPPORT</h2> <p>Ben Scheifele has been a professional bike mechanic in shops for over 10 years and is now working at Lynn Valley Bikes in North Vancouver. He will be joining us at Harper Mountain to provide neutral support on race weekend.</p> <p>Services include: Safety check/bolt check, tune up, flat fix, wheel true, derailleur adjustment, derailleur hanger alignment, part instal, shift cable and housing replacement, brake bleed, brake pad replacement, brake adjustment, headset adjustment, bottom bracket adjustment, suspension adjustment and set up.</p> <p>Price: By donation! Times: Saturday, May 25th, 2024 9:00am - 6:00pm Sunday, May 26th, 2024 6:30am - 3:30pm</p>
	<h2>OLD YALE BREWING CO.</h2> <p>Bring your CEL Race Plate into Old Yale Brewing located at 44550 S Sumas Rd #404, Chilliwack and get a free pint Saturday - Monday.</p> <p>Old Yale will also be providing a \$250 valued gift basket for one of our lucky 19+ participants to take home as a draw prize.</p>

	<h2>CONTACT</h2> <ul style="list-style-type: none"> <li>• <a href="#">Series Info</a> - view before you email.</li> <li>• Change category, complete on your CCN bikes profile.</li> <li>• Refund or Transfer - view website and then, email <a href="mailto:info@canadianenduro.com">info@canadianenduro.com</a></li> <li>• Athlete Inquiries &gt;<a href="mailto:info@canadianenduro.com">info@canadianenduro.com</a></li> <li>• Volunteer Registration - go to our <a href="#">website here.</a></li> <li>• Emergency - call 1-250-899-0096</li> </ul>
	<h2>FOLLOW US</h2> <p>For up to date info on the racing and events, follow us on <a href="#">Facebook</a> and <a href="#">Instagram</a> and <a href="#">Youtube.</a></p>
	<h2>CANCELLATION/REFUND POLICY</h2> <p>REFUND POLICY For more information on our 100% Satisfaction Guarantee, our 30-60-90 Day Refund Policy, Injury Refunds or Transfers - <a href="#">check out our website here.</a></p>
	<h2>THANK YOU</h2> <p>A special thanks to: TOURISM CHILLIWACK   FRASER VALLEY MOUNTAIN BIKERS ASSOCIATION   OUR VOLUNTEERS  </p>



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OFFICIAL MEDICAL CONSULTANT

OFFICIAL CANADIAN ENDURO CUP JERSEY DESIGNER



CANADIAN ENDURO LEAGUE EVENT PARTNERS



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PRESENTED BY



# ENDURO RACE BOOK

## Sunday June 16th, 2024

Event Grade:



# Vedder Mountain, Chilliwack

June 16th, 2024



## LEGAL

By participating in this event, you agree that you have read, understood and accept the Release of Liability, Waiver of Claims and Assumption of Risk, presented by All Mountain Productions and Consulting Inc.  
[A copy of the agreement can be found here.](#)



## IMPORTANT

- **Full Face Helmets are MANDATORY for ALL athletes**
  - All athletes must wear a helmet purchased/manufactured within the last three years.
- There are stipulations on training, please read below.
- athletes must follow Leave No Trace Principles. Littering results in automatic disqualification from the event.
- Please be advised these are public trails with intersecting road crossings and other trail intersections. Trails are not closed to the public and riders must yield to the public at all times.



## RIDER SAFETY VIDEO

All athletes must watch the Rider Safety Video prior to attending the event. The Rider Safety briefing video coming soon.



## SHUTTLES

There will be NO shuttles for this event.

- **Shuttling is NOT Permitted** for race participants on Friday, June 14th from 12 pm to Sunday, June 16th at 5:00 pm.
- **This means absolutely, NO vehicles on the shuttle road carrying athletes. athletes found to be using a shuttle will be disqualified without a refund.**

# REGISTRATION AND STAGING INFO



## SIGNING UP FOR AN EVENT

- [Click here to sign up for an event!](#)
- **There is NO onsite 'day-of' registration.**
- **All registration occurs online only and closes the Tuesday before the event at 12pm PST.**

## ONSITE REGISTRATION STEPS

Steps to registration and plate pickup:

1. Park your vehicle in Parking Lot A, pay for your parking and ride the trails north from the parking lot to Staging and Registration.
  - a. **Do not drive to Registration, walk or bike only. There is no parking at the Registration area, you will be turned around.**
2. Pick up your race plate.
3. Pick up your timing chip.
4. Ride yo bike!..safely of course.
5. If you have already picked up your race plate on Saturday you must still check in at the registration tent at your assigned *Check-in Time*. See [Enduro Schedule below](#).
6. Ride yo bike!..safely of course.

## EVENT REGISTRATION AND STAGING LOCATION

- Located at Vedder Mountain Bike Parking lot located [here](#).

## TIMING CHIP, NUMBER PLATE PICKUP, STAGING AND CHECK-IN

- Race Check-in and plate pickup schedule is below. [Please review the Enduro Schedule for your assigned check in time](#)
- You may pick up your timing chip and race plate at any of the registration times on Saturday however you **must check-in on Sunday morning** prior to departure on course.
- **Race day is Sunday, June 16th, Riders are responsible for ensuring their timing chip is on their person for the duration of race day.**

# TRAINING / COURSE INSPECTION



**We do not offer 'official practice' on closed courses. Trails are open to the public at all times, as such, full-race runs are not permitted. Please do not impede the public.**

## Training/Course Inspection

- Training is open SATURDAY FROM 10 AM TO 7:00 PM
- **Shuttling is NOT Permitted** on Friday, June 14th from 12 pm to Sunday June 16th at 5:00 pm.
- Full Face Helmets are mandatory during Saturday training
- Riders are NOT permitted to free-ride off of designated trails.
  - This includes course cutting off of the main trail, or hiking/riding other terrain other than the established race course.
  - **If "cheat/cut lines" appear, we risk having the stage being dropped from the course. PLEASE DO NOT CUT THE COURSE!**
- No hiking up the bike trails. DO NOT stop or hike on the trail. If you want to take a closer look at a line, pull to the side of the trail.
- There is limited first-response and medical coverage, know your limits, ride within them.
- The course is not fully marked until 7:00 pm on Saturday. Riders must pay attention to intersections, features etc., as we are not permitted to close trails to the public. Pay attention to Trailforks and course signage. Any features or line choices will be marked by Friday at 7:00 pm.



# ATHLETE EMERGENCY ACTION PLAN

[Canadian Outdoor Medical Consulting](#) is the official medical provider providing First Aid coverage for the event. Please view our rider Safety Briefing video coming soon.

## MAJOR INJURIES

Major injuries are classified as injuries that require the participant to leave the event for any reason. Such injuries may include, but are not limited to:

- Loss of consciousness
- Cessation of breathing
- Deadly bleeding
- Long-bone fractures
- Lower extremity dislocations
- Internal bleeding or concern of internal injuries
- Etcetera...

### ACTION PLAN

If you experience any of these injuries or similar types of injuries,

1. Please call 9-1-1 immediately.
2. Start life saving first aid if adequately trained.
3. After calling 9-1-1 if possible please seek help from another rider, medic or course marshal.
4. Call or have another person call the Incident Commander at 1-613-371-4611.
5. Call the race director at 1-250-899-0096.
6. Remain in place if stable.

## MINOR INJURIES

Minor injuries are classified as injuries that may require the participant to leave the event for any reason, require minor first-aid or stable injuries that require assistance to leave the event. Such injuries may include but are not limited to:

- Broken wrist
- Broke collarbone
- Cuts and abrasions
- Bruises
- Minor head injuries
- Etcetera...

### ACTION PLAN

If you experience any of these injuries or similar types of injuries and require medical attention,

1. Please call the Incident Commander at 1-613-371-4611
2. Call the race director at 1-250-899-0096

## EVENT EMERGENCY RESPONSE PLAN

### VOLUNTEERS AND MEDICAL TEAM

Every course marshal has a copy of the Emergency Response Plan and phone numbers, if a racer requires assistance for any reason, please contact a marshal or call 1-250-899-0096. Look for our medical team from Canadian Outdoor Medical on course in red jackets.

For more information please refer to our Rule Book found on the [website here](#).

# ENDURO SCHEDULE

- ★ **CHECK IN TIME**
  - The Check-in Time is when you must arrive to pick up your race plate and timing chip. It is located at the [Staging / Registration area located here.](#)
- ★ **DEPARTURE TIME**
  - The Departure Time is the time when athletes leave to go on course from the Departure Location. Please arrive 15-20 minutes before your departure time.
- ★ **DEPARTURE LOCATION**
  - The Departure Location is at the [Staging / Registration area here.](#)
- ★ **RACER BRIEFING**  
[Click here to watch the Racer Briefing video provided by Canadian Outdoor Medical.](#)

## FRIDAY, June 14th 2024

Morning	Course is <a href="#">released here.</a> Training and course inspection.	<a href="#">Vedder Mountain Biking Trails</a>
12:00pm	Participants Shuttling CLOSED.	Pedal access and provided shuttles is still permitted on trails, see Training Section.
4:00pm - 5:00pm	Mini XC Registration	Staging area <a href="#">located Vedder Mtb Parking Lot</a>
5:00pm - 6:30pm	Mini XC Race	<a href="#">Vedder Mountain Biking Trails</a>
6:45pm	Mini Awards	Staging area <a href="#">located Vedder Mtb Parking Lot</a>

## SATURDAY, June 15th, 2024

ALL DAY	Training and course inspection.	<a href="#">Vedder Mountain Biking Trails</a>
9:00am - 10:30am	Race package pick up and registration	Staging area <a href="#">located Vedder Mtb Parking Lot</a>
11:00am - 3:00pm	Race runs on Air DH course	Complete race runs during specified times, your fastest lap counts.
4:30pm	Air DH Awards	Staging area <a href="#">located Vedder Mtb Parking Lot</a>
3:00pm - 5:00pm	Race package pick up and registration	Staging area <a href="#">located Vedder Mtb Parking Lot</a>

## SUNDAY, June 16th 2024 | RACE DAY

6:30am	Volunteer Meeting	Staging area <a href="#">located Vedder Mtb Parking Lot</a>
7:00am-9:30am	All categories	Check-in Time and Depart from Registration
1:30pm - 5:00pm	Post Race Meal.	Staging area <a href="#">located Vedder Mtb Parking Lot</a>
3:30pm	Course Closed.	Riders are allowed to finish their stage
4:00pm	Race Close - Timing chips must be returned before 4:30 pm at the Awards and Apres location in exchange for your Food and Beverage Voucher for the apres.	Timing chips not handed by 4:30pm will incur a charge of \$100.00 and be considered 'lost'.
4:30pm	Awards. Timing chip hand in close.	All timing chips are due at staging / awards <a href="#">located here</a>

# RACE INFORMATION



## RULES

It is the athlete's responsibility to review the 2024 Canadian Enduro League Rule Book. The latest version of the Rule Book can be found on our [website here](#).



## EVENT GRADING SYSTEM

- For 2024 our events will be graded on their trail difficulty and total physicality (distance and climbing)
- A full breakdown of our event grading system can be found [HERE](#)
- Vedder is a Double Black with the highest physicality rating (1600m+, 55 km+)



## PROTECTIVE EQUIPMENT

- Full Face MANDATORY for ALL riders. Please view our helmet policy inside of the 2024 Rulebook [found here](#). All competitors must wear a helmet purchased/manufactured within the last three years.
- Knee pads are strongly recommended. So are gloves, elbow pads, eye protection and back braces.






## COURSE INFORMATION

### Important Information:

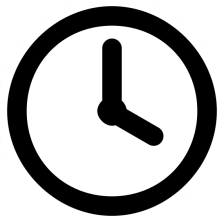
- Athletes must follow "TRANSFER 0" to access "STAGE #1", failure to follow this route will result in disqualification.
- All athletes must follow the transfer climbs explicitly. I.e. If the route specifies a climb trail, you must take it.
- Athletes must obey all traffic laws and cross only at controlled crossings.
- Athletes are not permitted to deviate from the course route, including transfers.
- The short course is 3 stages only.

### COURSE RELEASE AND TRAIL MANAGEMENT

- Course Releases happen on Thursday or Friday.
- Courses are [released here](#).
- You can also find them on our [Trailforks Account](#).
- [Download the Trailforks App](#) - there are NO printed maps
- This course is difficult - experts only.

	<h2>SHORT COURSE</h2> <p>The CEL Short Course is a stepping stone for riders looking to progress from beginner and regional events to the Canadian Enduro League. The Short Course is SHORTER not EASIER. That is, the Short Course is still physically demanding and technical. The Short Course race course is typically 3 stages instead of the full 5 - 6. Short Course riders are not permitted to ride the other stages until the conclusion of the race.</p>
	<h2>AID STATION</h2> <p>The Aid Station will be at the top of 2 Cents midway up the shuttle road.</p> <p>Athletes must be fully self-sufficient at all times during course inspection and racing. Food/Water caches/stashes are forbidden. Athletes found stashing food/water will be disqualified.</p>
	<h2>LEAGUE STANDINGS AND OVERALL</h2> <p>Looking for photos of you on your bike. Check out <a href="#">Roots and Rain here</a> for photos and overall standings/points.</p>

# RESULTS AND TIMING



## TIMING

Our event utilizes live timing and results

### LIVE TIMING AND RESULTS

Please view the [live results here](#) (during the race).

### TIMING CHIP PLACEMENT

- All riders must place their timing chip on their **RIGHT HAND WRIST**, no exceptions.
- Riders are responsible for their timing chip for the duration of the event. A lost timing chip will incur a cost of \$100.
- **Crashes** - if you feel your timing chip has been compromised due to a crash, please call 1-250-899-0096 and a replacement will be brought to you at the start of the next stage.

### TIMING SYSTEM

For information about how it works, please check out the following videos:

1. [Chip Placement](#);
2. [How the system works](#); and
3. [Start and Finish Corrals](#).

Results will be available on [Zone4](#) as soon as your first stage time is recorded! Log in via your phone while you're on course to follow your live results.

### TIMING CHIP RETURN

Timing chips must be returned before 4:30 pm at the Apres and Awards. Please return your timing chip in exchange for your Food and Beverage voucher at awards.

Timing chips not returned before 4:30 pm will be marked as a DNF.



## AWARDS

Location: Staging area [located Vedder Mtb Parking Lot](#)

**Awards will begin at 4:30pm for all categories.**

## RESULTS

Live results are available at [Zone4.ca/results](#).

